

MHADK OUTINGS SCHEDULE APRIL 2018

(If changes/additions to these hikes occur, they will be found on the website:

www.MidHudsonADK.org)

MID-WEEK HIKES - The leaders offer hikes of varying difficulty to different areas of the Mid-Hudson Valley. Hikes may be followed by a stop for refreshments. Leaders: Ginny Fauci, gefauci@gmail.com 845-399-2170 or Lalita Malik, Lalitamalik@aol.com (845) 592-0204. They will be held every Thursday, weather permitting.

HARRIMAN DOG-FRIENDLY HIKES – Susan Sterngold and her dogs lead hikes every day in Harriman. Dogs will be on all the hikes and you're welcome to bring yours. Hikes are scheduled a few days ahead of time. You must join ADK to be notified of these hikes.

2018 KAYAK PRESENTATIONS AT HUDSON VALLEY LIBRARIES

(Dates/Times listed in the schedule below)

How to Get Started Kayaking program by Don Urmston.

All ADK members are welcome to attend and volunteers are needed to help carry gear and promote the ADK (no kayaking experience needed!) Contact: Don Urmston at mrurmston@gmail.com

Thurs, Apr 5 - How to Get Started Kayaking program by Don Urmston mrurmston@gmail.com
6:30pm East Fishkill Library 348 Route 376, Hopewell Junction, NY

Fri, Apr 6 - Hike Ferncliff Forest Preserve in Rhinebeck to the Fire Tower. Easy approx 3 miles, some small hills. Possible wet areas. Spectacular view of the Hudson River, Catskill Mts, Connecticut and Massachusetts from the Tower.

Leader: Carla Barrett barrettinclinton@gmail.com or 315 527-8478.

Start at 10AM. Approximately 1.5 hours with stop for viewing. Confirm with Leader. Meet at parking area. Address is 68 Mt Rutsen Rd, Rhinebeck, NY 12572. Close to village so lunch, shopping and art galleries are handy. Or go on to Poet's Walk nearby for a picnic lunch with a view (1 mile RT). Bring water, snacks, lunch, proper clothing and footwear.

Sat, Apr 7 - How to Get Started Kayaking program by Don Urmston mrurmston@gmail.com
1:00pm Pine Plains Free Library 7775 South Main, Pine Plains, NY 12567

Sat, Apr 7 – Stony Kill Farm Walk. Route 9D, Wappingers Falls, NY 12590

Leader: Sayi Nulu 845-264-2270 or sayinulu@yahoo.com

Meet at 2PM in front of visitor center Manor House. We will take a leisurely walk in the Stony Kill farm and visit barn animals. It would be 2 to 3 hour walk/hike. After a short 0.5 mile wood land trail we will carpool to go to Red Schoolhouse Road and walk the 2 mile Sierra Trail.

Sat. April 7 - Fahnestock State Park hike, Cold Spring. Approx 8 miles, moderately strenuous.

Leader: Georgette Weir, georgette.weir@gmail.com

Bring water, snacks, lunch, proper clothing and footwear. Contact leader for meet time. We will start from Hubbard Lodge on Route 9, Cold Spring and hike up School Mountain Road (a woods road), turn left onto Hubbard Loop, then back onto School Mountain Road to East Mountain Loop. We will climb East Mountain (about 400 feet elevation gain), come down and cross School Mountain Road to Perkins Trail, then turn off onto the Fahnestock Trail, heading south over Round Hill and back. Bad weather will cancel.

Sun, Apr 8 - How to Get Started Kayaking program by Don Urmston mrurmston@gmail.com

12:30pm Gardiner Library 133 Farmer's Tpke, Gardiner NY 12525

Sun, Apr 8 - Innisfree gardens, 362 Tyrrel Rd, Millbrook, NY 12545 Easy Hike 3 miles

Leader: Annette Caruso annettecrs@gmail.com or 845-891-3361

Meet at 11 am for an easy hike/walk to explore the gardens. Bring a picnic lunch.

Contact leader to confirm. Rain cancels.

Thurs, Apr 12 - How to Get Started Kayaking program by Don Urmston mrurmston@gmail.com

6:00pm Albert Wisner Public Library, 1 McFarland Dr, Warwick, NY 10990

Sat, Apr 14 - Harriman Circular- 8-10 moderately paced hilly miles W/hills, located near Tuxedo Park

Leader: Marty Carp 845-255-0531 martymcarp@gmail.com

Meet at the Elk Pen parking lot in the Arden section of Harriman at 9:30 AM

We will use the White Bar to pop some Bottle Caps, round Cape Horn, and Ship Rock thru The Lemon Squeeze. Confirm with leader and get directions. Joint with Mohonk Preserve. Bring water, snacks, lunch, wear proper clothing and footwear.

Sun, Apr 15 –Minnewaska State Park Ramble 9-10 moderately paced difficult hike w/a short scramble near 5281 Route 44-55, Kerhonkson, NY 12446

Leaders: Ginny Fauci 845-399-2170 gefauci@gmail.com , Lalita Malik 845-724-5786

LalitaMalik@aol.com

Meet at Jenny Lane parking lot on Rt. 44/55 at 9:30 AM. We will take the Shawangunk Ridge Trail (Jenny Lane) to Lake Awosting. After enjoying the view, we will take Hamilton Carriageway to a short rock scramble up to Castle Point Carriageway. We will hike to Awosting parking lot via Blueberry Run trail and Mossy Glen and continue on SRT (Wawarsing Tpk) to return to Jenny Lane parking. Confirm with leaders. Joint with Mohonk Preserve. Bring water, snacks, lunch, wear proper clothing and footwear.

Wed, Apr 18 - How to Get Started Kayaking program by Don Urmston mrurmston@gmail.com

6:00pm Saugerties Public Library, 91 Washington Ave, Saugerties, NY 12477

Sat, Apr 21 - Paddle Lake Lillinonah (Housatonic R.) to Lover's Leap, Western CT (12 miles+/-, quiet water w/ some mild quickwater)

Leader: Russ Faller 845-297-5126 (before 9:30 PM) or russoutdoors@yahoo.com

Grab your lover and paddle with us to the romantic, but tragic, Lover's Leap. No; we won't jump! We'll just paddle to it and climb to the top to see why this place attracts so many broken hearts. I'm told it's a spectacular point of interest - a gorge, a river, and dramatic views. A place where spurned lovers opt for dramatic acts. **WARNING:** If you've been spurned recently, I'm not responsible for your actions. Paddling distance is 12+/- miles; hike is short, but steep. Bring water shoes & comfortable walking shoes, lunch, water, your paddling gear & boat (canoe or kayak). PFDs required while on water. Contact leader by 4/18 for meeting time/place.

Saturday, April 21 – South Taconic Ridge traversée, approx. 6 miles (9 miles if extended) Difficult hike near Millerton, New York

Leader: Jean-Claude Fouéré jcfouere@gmail.com

We will hike up to South Brace Mountain and Brace Mountain, following the ridge and hike down along the Robert Brook Trail. Pending weather, group strength and interest, the hike may be extended a couple of miles to Alander Mountain for a total of approximately 9 miles.

Refer to Trail Conference South Taconic Trails map #107. Contact leader for meeting time and place, and car shuttle. Bring water, snacks, lunch, wear proper clothing and footwear.

Sat, Apr 21 - Earth Day Celebration 10:00 am - 2:00 pm Hyde Park, NY

ADK Contact: Salley Decker sadecker2002@yahoo.com or (845) 454-4206

Activities and tips for appreciating and improving our environment. Featuring Roosevelt-Vanderbilt National Historic Sites/National Park Service, Dutchess County Resource Recovery Agency, Hyde Park Community Garden, NYS Dept. of Environmental Conservation Region 3, POK reCycle Project, and more. <https://www.nps.gov/vama/planyourvisit/calendar.htm>

Sun, Apr 22 –Muscoot Farm Trail Hike, Katonah, NY. 4 miles, Moderate Hike

Leader: John Ragusa 917-692-1159 or john.ragusa@bnymellon.com

We will hike on the White and Yellow Trails of the Muscoot Farm. The 777 acre property is a late Nineteenth/early Twentieth Century farm owned by the Hopkins Family and used as their summer estate and dairy farm. In 1967, Westchester County acquired the property and was re-named the Alfred B. DelBello Muscoot Farm. There are more than 7 miles of trails through fields, woodlands and wetlands.

Meet at 11:00 am in the parking lot. After the hike, you can attend the Birds of Prey talk at the farm at 1:00 pm. A small fee is required to attend.

Directions: Take I-84 East to exit 20 for I-684 South. Get off exit 6-Cross River. At end of exit ramp, make right onto NY Rt. 35 west. Go about 1 mile. At traffic light, make left onto NY Rt. 100 south. The farm is 1 mile on the right. Contact Leader if interested or if you wish to carpool.

Thurs, Apr 26 - How to Get Started Kayaking program by Don Urmston mrurmston@gmail.com

6:00pm Middletown (Thrall) Library, 11 Depot St, Middletown, NY 10940

Fri, Apr 27, 6:15 pm - Sun, Apr 29, 5:00 pm - Backpack the Appalachian Trail in Connecticut: St. Johns Ledges

Leader: Russ Faller 845-297-5126 before 9:30 PM RussOutdoors@yahoo.com

Get out and explore 22 miles of the Appalachian Trail in Connecticut. It's really beautiful. You'll walk the longest river-walk (5 mi.) of the entire AT along the gorgeous Housatonic River. Photo the very scenic "Great Bend" of the Housatonic. Touch the largest big-tooth Aspen in CT. Marvel at the fabulous views from St. Johns Ledges. Then enjoy many more views from other locations. There are 10 jaw-dropping viewpoints along this route. Each day we'll hike 10.5 miles at a moderate pace and slow on ascents. There will be some steep climbs, but also 5 miles of flat trail along the river. All participants should have recent backpacking experience and be in good physical shape. We'll meet in western Connecticut near Gaylordsville at 6:15 PM, complete a car shuttle, and then hike about 1.5 miles up a steep slope to a tent site. No campfires are permitted in Connecticut. Registration is required. Contact leader for additional information. Joint with AMC.

Sat, Apr 28 – Bontcou Crag 8-10 moderately paced, difficult scrambling miles near New Paltz, NY

Leader: Marty Carp 845-255-0531 martymcarp@gmail.com

Visit The Crag via the old and under used Northeast Trail. The up and down scramble is optional .If the rocks are wet, the route will be modified. Confirm with leader.

Meet at the Mohonk Preserves Pine Road parking lot at 10 AM off of Butternut Road. \$15 day fee or Mohonk membership. Joint with Mohonk Preserve.