

MHADK OUTINGS SCHEDULE SEPTEMBER 2018

(If changes/additions to these hikes occur, they will be found on the website www.MidHudsonADK.org)

MID-WEEK HIKES - The leaders offer hikes of varying difficulty to different areas of the Mid-Hudson Valley. Hikes may be followed by a stop for refreshments. Leaders: Ginny Fauci, gefauci@gmail.com 845-399-2170 or Lalita Malik, Lalitamalik@aol.com (845) 592-0204. They will be held every Thursday, weather permitting. Contact the Leaders for more info.

EVENING PADDLES – Through mid-October. Leader: Dave Webber, webberd1@yahoo.com, 845-242-9905. Paddling on the Hudson River at spots between Beacon and Norrie Point. On the water at 5:30pm and paddling for 1.5 to 2 hours. Often a refreshment stop after. For the Hudson River you need a boat at least 13.5' long kayak with front and rear bulkheads. Contact the Leader for more info.

MID-WEEK PADDLES – Through mid-October. Leader: Glenda Schwarze schwar582@aol.com. She will lead quiet water 2 hour paddles with beach put-ins. They will be held on the 2nd and 4th Thursdays of every month ending mid-October. Contact the Leader for more info.

Sat., Sept. 1 - Mon., Sept 3 (Labor Day Weekend) - Cape Cod in the Adirondack Mountains: Experienced

A Paddling/Camping/ Hiking/Bushwhacking Outing (@3 mi. mandatory, the rest up to you)

Leader: Russ Faller 845-297-5126 (before 9:30 PM) or russoutdoors@yahoo.com

It's like going to Cape Cod! Wide sandy beaches form the circumference of Carey Falls Reservoir, NW of Tupper Lake. Few people go there, so there's only an occasional power boat and, typically, no campers. The swimming is fabulous - clear water, sand and some sandbars. This will be a relaxed outing. We'll paddle only @3 miles (@1 hr., 30 mins.) to a basecamp on the beach. There'll be opportunities to explore the rest Carey Falls Reservoir (including Radio Island) and the Stark Falls Reservoir (with a very short carry), hike/bushwhack into an old growth forest in the Raquette-Boreal Primitive Area and/or swim, then just lay back with a book on the beach. **Friday arrival is strongly recommended.** (There's drive-up camping at the launch site if you must arrive after dark.) The paddle starts early Saturday morning. Canoes, sea kayaks, rec kayaks can be used. (Rentals are available in Tupper Lake.) You'll need to bring camping gear and food. (No communal kitchen.) This trip is not for beginners. **Contact leader to register by Aug. 24.**

Sat, Sept 1 – Explore Sam's Point, Cragmoor, NY – For Details contact the Leaders
Leaders: Ginny Fauci gefauci@gmail.com or 845-399-2170 and Lalita Malik lalitamalik@aol.com or 845-592-0204

Sat, Sept 8 - Wappingers Greenway Creek Trail, 4 miles, Moderate Hike

Leader: Georgette Weir: georgette.weir@gmail.com.

We'll hike on the Wappingers Creek Trail, a surprisingly rugged (lots of ups and downs, and possibly some overs of blowdowns), lollipop route from Market Street Industrial Park in the Village of Wappinger Falls to New Hamburg, then back. We'll pay our respects at an 19th-century cemetery that overlooks the creek and Hudson River. The group will set the pace. Contact leader for exact meeting place and time and car pooling arrangements.

Fri, Sep 14, 10:30 - Paddle and Hike, Malden and Saugerties NY. Experience only

Leader: Carla Barrett barrettinclinton@gmail.com, 315-527-8478.

Put in at Malden Boat Ramp, paddle 2.5 miles to Saugerties Lighthouse and Scenic Hudson's Falling Waters Preserve, and return on the rising tide. Short hike at Preserve rewards with waterfall. Bring snack, lunch, water, hat, sunscreen, pad or towel to sit on beach. Personal flotation device required. This "Big Water" requires minimum boat length 13.5 ft and dual bulkheads or flotation devices in bow and stern. Canoes do not come under these big water requirements. Confirm with Leader. Rough water/rain cancels. Meet at Malden Boat Ramp, 215 Riverside Dr, Village of Malden, 12453 (May show up as being in Saugerties 12477 but is same place). We will go with the south and north tides. Bring binoculars if you have them. Duration 3 to 4 hours.

Sun, Sept 16 - Scenic Hudson's Falling Waters Preserve (FWP) and Saugerties Lighthouse Trail Easy Hike approx. 3.5 miles, Saugerties, NY

Leader: Carla Barrett barrettinclinton@gmail.com or Cell **315-527-8478**.

This is a family-friendly walk-hike. Start at 11:00 AM at FWP and then go to the Lighthouse Trail. We can eat lunch on the Lighthouse deck in the middle of the River. This event appeals to walkers and hikers of all skill levels. Some hills and a few tricky spots along the Hudson River shoreline can be avoided. Bring food and water; binoculars if you have them. The tide will be out so the adventurous could swim by the LightHouse. Parking should be ample. Confirm with leader. Meet at FWP, Dominican Ln, Saugerties, NY 12477. Driving Directions: Off Route 9W or Route 32 south of Saugerties, follow Main St in Glasco NY to Delaware and York. For GPS: [45 York St, Saugerties 12477](#) will put you near the entrance where there is a sign. Confirm with leader.

Sun, Sept 23 – Storm King Mountain Hike, Cornwall-on-Hudson, NY. 5 miles, Moderate Hike

Leader: John Ragusa 917-692-1159 or john.ragusa@bnymellon.com.

We will meet at 11 am at Scenic Hudson's Esty & Hellie Stowell Trailhead providing access to Storm King State Park with challenging trails leading to dramatic summit views of the Hudson River and Highlzsands. We will start on the Highland trail from the parking lot trailhead and proceed on the Stillman Trail to the summit then take the Bluebird Trail back to the parking lot trailhead as a continuous loop.

Directions: From Newburgh-Beacon Bridge: Take Route 9W South/Route 32 exit after bridge. Take Route 9W South 4.5 miles through Newburgh and Windsor. Make right at Rt. 218 exit. Trailhead is 1.6 miles from this point. Continue on Route 218/Academy Ave which turns into Hudson St. then turns into Bayview Ave (Just stay on Rt. 218). Trailhead

will be on right. Bring a picnic lunch. Heavy rain cancels. Confirm with Leader.

**Sun, Sept 23 - Hike from Sam's Point to Minnewaska. Joint with Mohonk Preserve.
New Paltz area Difficult Hike**

Leader: Roberta Forest 845-750-7059.

A through hike that starts and ends with a shuttle. Meet at 9:05 in lower Awosting lot in Minnewaska for shuttle to Sam's Point parking area. From Sam's Point, we will hike to Verkeerderkill Falls, Mud Pond, Margaret Cliff, Castle Point, and then take Blueberry Run and Mossy Glen trails on our return to lower Awosting Lot. 12+ miles with some rock scrambling. Meet 9:05. Rain cancels. Confirm with leader.

**Tues, Sept 25 - Hike Stissing Mountain (2 mile loop)/paddle Stissing Lake. Moderate
Hike/Paddle. Pine Plains, NY area**

Leader Eric Harvey 845-625-9431 or eharvey@fairpoint.net

Stissing Mountain is a short but steep climb on rocky terrain with a 900-foot elevation gain. The fire tower at the top has a six-state view on a clear day. We will hike up the steeper, shorter route and return by the somewhat more forgiving route. For those who are interested, a slow paced paddle will follow the hike on Stissing Lake, which is a two minute drive up the road. Stissing Mt. trailhead is not well marked. From the west, just before entering Pine Plains on route 199, turn right on Lake Road and proceed 1.4 miles to the parking area on the left. Meet at 11:00 AM, bring lunch to eat at the top. Confirm with leader.